

# VIOLENCE

**PHYSICAL**

**SEXUAL**

## Using Coercion and Threats

Making and/or carrying out threats to do something to hurt another person. Threatening to hurt someone, to commit suicide, to report alleged misconduct to welfare. Pressuring victim to drop charges and/or do illegal things.

## Using Intimidation

Using looks, actions and gestures to make another person fearful.  
\*Smashing things  
\*Abusing pets  
\*Displaying weapons

## Using Economic Abuse

Preventing your partner from getting or keeping a job. Making your partner ask for money or live on an allowance. Making your partner hand over paycheck and not sharing information about or access to family income.

## Using Emotional Abuse

Putting someone down by calling names, telling someone he/she is crazy. Playing games. Using humiliation and guilt to control another person.

# Power and Control

## Using Special Privilege

Treating your partner as insignificant. Making all the decisions, always being right. Infringing on your partner's right to make decisions for his/herself. Forcing your partner to accept your way of thinking.

## Using Isolation

Controlling what another person does, who that person sees and talks to and where he/she goes. Limiting outside involvement, using jealousy to justify actions

## Using Children

Making your partner feel guilty about the children. Using the children to relay messages and to "police" partner's activities. Using visitation to harass partner. Threatening to take the children away.

## Minimizing, Denying, and Blaming

Making light of the abuse and not taking the victim's concerns about it seriously. Saying the abuse didn't happen. Shifting responsibility for abusive behavior. Saying the victim caused it.

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