



HARBOR LIGHTS

Fall 2002

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Learn about two initiatives from Family Violence Prevention Fund (below are excerpts)

Health Cares About Domestic Violence

October 9th 2002

Health Cares About Domestic Violence Day is a nationally recognized awareness-raising day which is sponsored by the Family Violence Prevention Fund. HCADV Day aims to raise awareness within the health care community about the importance of routine screening for domestic violence.

Doctors and nurses routinely screen for high blood pressure and high cholesterol, but too few screen for domestic violence. *Since nearly one third of American women (31 percent) report being physically or sexually abused by a husband or boyfriend at some point in their lives, screening is one of the best ways health care providers can detect abuse and offer support.* On October 9th, 2002 health care providers, domestic violence advocates, and concerned individuals will join efforts to hold local events, distribute information, and begin routine screening for domestic violence in their healthcare settings.

What can I do to increase awareness?

Become a partner with us in getting domestic violence information out into our community. Look over this list of ideas; if one of them interests you or you are looking for additional ideas please call Carol Bloemer, Community Education Coordinator at Harbor House, 832-1667.

- Hang posters with the Crisis line phone number in public restrooms. Display cards and brochures in your lobby
- Dedicate a Worship Service to honor victims, give a sermon on non-violence
- Have your book club read a book about domestic abuse and discuss it at your October meeting
- Engage children in a poster contest with "non-violence" as the theme.
- Organize your group to wear purple ribbons in October.
- Educate yourself. The Internet is loaded with information some of our favorites are Family Violence Prevention Fund (www.fvpf.org), Center for Prevention of Sexual and Domestic Violence (www.cpsdv.org), Violence Against Women Office (www.ojp.usdoj.gov/vawo/), National Domestic Abuse Hotline (www.ndvh.org), and Liz Claiborne (www.lizclaiborne/loveisnotabuse).

Work To End Domestic Violence Day

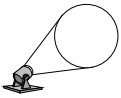
October 1st, 2002

Employers across the nation will be educating their employees about domestic abuse. Private companies and public employers throughout the country will hold programs and distribute materials to alert workers to the prevalence and severity of domestic violence. "Every workplace is affected by abuse in some way, and employers can play a critical role educating employees about domestic violence and supporting victims of abuse," said FVPF Executive Director Esta Soler. "The workplace is also an effective place to educate people about domestic violence, and create a climate in which everyone sends the message that abuse is unacceptable and will not be tolerated."

Violence is not confined to the victims' homes; harassment and violence can occur in the workplace. Domestic violence affects victims' productivity and performance on the job; 37 percent of women who experienced domestic violence report that the abuse had an impact on their work performance in the form of lateness, missed work, keeping a job or career promotions. Health care costs associated with family violence are estimated in the hundreds of millions each year, much of which is paid by employers.

UPCOMING HARBOR HOUSE EVENTS

Sept. 19th	Candle Light Vigil at 7:00pm Lion's Park, Chilton
October	Domestic Violence Awareness Month See front page of this newsletter
Oct. 5	"Take Back the Night" Rally and March in Oshkosh
Oct. 26 & 27	"Every Girl is a Princess" Event A special event for girls ages 4-10
November	Annual Poinsettia Sale A fundraiser with ARC and the Humane Society
Dec. 6 & 7	Calumet County Holiday Craft Sale in Chilton



SPOTLIGHT ON OUR VOLUNTEERS

COMMUNITY JOINS TOGETHER TO CREATE A PLAYGROUND FOR HARBOR HOUSE

The Boldt Company employees, along with local donors, joined forces this summer to give children who have witnessed domestic violence a new playground at Harbor House. When Harbor House opened in its newly renovated and expanded building at 720 W. Fifth St. in Appleton in September of 2001, no outdoor playground equipment was available for children participating in programs at or staying in the shelter. "For some of our families, going to the local park is not an option because of safety issues. We need to provide our families with a safe place to play on site," said Cheri Bricco, Harbor House's House Manager. "A stay in shelter can be a difficult time for the children. When the weather is nice, kids really need to get outside to play and have fun."

The playground was truly a community project: Employees of The Boldt Company and their family members donated their time after their workday on some of the hottest days in July to install the structure and equipment. "This was an opportunity



The Boldt Co. Volunteers

to help the children at the Harbor House," said Jason Krueger, Project Engineer at The Boldt Company. "It was a great chance to give back to the community and to help a program that helps so many people in the Valley." Tom Boldt, CEO of The Boldt Co., joined in the effort as well.

Funds from the John J. and Ethel D. Keller Fund within the Community Foundation for the Fox Valley Region, the Appleton Kiwanis Club, the Kaukauna Kiwanis Club, Kraft (Jack's) Pizza, the Greenville Lioness Club, Altrusa Club of Appleton and the Sherwood Leo Club helped to cover costs of the project. In-kind donations from The Boldt Company, Tigerton Lumber Company, Wicks Lumber, Schmalz Custom Landscaping Inc., Carew Concrete & Supply Co. and The Playground Connection also helped make the new playground possible. Now our families will be able to enjoy the outdoors and feel safe – what a wonderful gift!

VOLUNTEER NEEDS

By Kathy Fredericks

We are now setting up work dates for Harbor House Volunteer Groups. A Volunteer Group can be from a corporation, church, school, or any organization that is seeking an opportunity to help with some of our many projects that need to be completed at Harbor House. These projects can vary from yard work to painting to window washing. Whatever size group, we can match your group with a much-needed job at Harbor House. Groups of 6-15 individuals are easiest to us to accommodate at one time. However, if you have larger groups, we can certainly split these groups up into different work dates and/or times. For more information, call Cheri at 832-1667.

We are also still seeking individual volunteers for general activities here at Harbor House. Whatever your interest, I am sure we can find a volunteer opportunity for you. To find out more, call 832-1667 and ask for Kathy.

(Note: Kathy Fredericks is our new Volunteer Coordinator. Learn more about Kathy is our next issue)

MEET OUR STAFF

By Carol Bloemer

I would like to introduce one of our newer staff members, Connie Palm. Connie is not new to the Harbor House family, as she has been advocating for women and children for over five years. If you are a Marshall Field's shopper, you may recognize Connie's smiling face from the Men's Fragrance counter.



Connie had been employed at Humana when they were laying off workers. Connie had a decision to make.

So she called her friends at Harbor House to talk over her options... and we suggested that one of her options should be to join the Harbor House staff! When Connie was told that we had an opening for a full-time Overnight Advocate she was thrilled. "I think that this is what I am supposed to be doing," she replied.

Connie has a few months in at her job and really loves it. The women love her too. Connie gets her work done early so she can sit and have a morning cup of coffee with them before they go to work. Thank you Connie for being in the right place when we needed you. And thank you for brightening up the mornings here at Harbor House.

ALTRUSA OF APPLETON

Makes a difference at Harbor House

Patriotism, Efficiency, Service. These three words, the motto of Altrusa International Inc., clearly describe the feeling one gets when meeting with any of our local Altrusa Club members. An enthusiastic group of Altrusa of Appleton members has donated countless hours to make this year's golf outing a success.

Mary Klein has been the Chair of the Golf Outing committee from the beginning. Mary stated, "In the past 4 years, Altrusa of Appleton has been able to donate over \$23,000 to Harbor House. This has been a direct result of great support from the sponsors and golfers at our annual outing as well as the community at large. We are so pleased to be able to help not only Harbor House but also the entire Fox Valley through our community service activities. Planning has begun for next year's outing and we look forward to seeing old and new friends once again."

Founded in 1917 as an international organization, Altrusa is first and foremost, a community based grassroots organization that seeks to solve the problems in our own back yards. "Altrusa of Appleton has been a long time supporter and friend of Harbor House, said Beth Schnorr, Executive Director. "This is the 4th annual golf outing, but our "herstory" with Altrusa goes back to the beginnings of our organization," she said. "Altrusa has worked to support Harbor House in many ways from donating proceeds from their Polka Fest to their blue ribbon campaign to raise awareness of the effects of child abuse to raising funds to support our new building. We are proud to have one of our resident bedrooms named the Altrusa Room. They are definitely builders of women, as they have touched the lives of many of the women who have come to Harbor House."

THANK YOU ALTRUSA!



A HARBOR HOUSE "HER STORY"

By a Resident

I came to Harbor House after my release from the hospital. The hospital staff and social services urged me not to return home but rather contact a domestic abuse shelter.

When I first arrived at Harbor House, I was angry, scared and very sad. The Advocates made it easier for me. They were very supportive and understanding. Arriving with just a few clothes, they supplied me with personal toiletries, a clean room and the promise that I could always find an Advocate to talk with day or night. During my stay, the Advocates have helped me keep focused on my goals, talked through issues and helped me find peace and inner strength. I attended the Women's Support Groups, Life Skills meetings, and utilized

the computer in the Ester Resource Room for job hunting and resume writing.

I have obtained a great position with full benefits, found a place to rent and am leaving with a strong sense of worth and belief in myself. Harbor House gave me the chance to find my life again - feeling safe and protected. Without Harbor House and its staff it's hard to say where I would have gone or what I would have done.

I feel very lucky and blessed to have found the help and shelter here and hope Harbor House will always be able to offer "safe harbor" to women such as myself for many years to come.

Thanks to all of their staff and contributors. My life has changed for the better because of all of you.

NOTES FROM THE HOUSE MANAGER

By Cheri Bricco

On September 5th we will celebrate our one-year anniversary in our new shelter. We feel fortunate to have your support. We appreciate all that you do for us and others throughout the community. We hope that our relationship continues for many years.

We work hard to meet the needs of the women and children who access Harbor House. At times this is a challenge, especially this month because our supplies are dwindling. Donations of new items for the shelter and the residents have gone down drastically in the last two months. We are hoping it is because you have been on vacation having a great time and not because you have forgotten about us.

We are asking you to take time out of your schedules and money out of your pockets to help us. Below is a list of urgent needs.

If you are interested in receiving a monthly update of our needs list, I can e-mail you or your group (business, congregations and organizations) updates of our current needs. Just send your e-mail address to me at hhcheri@athenet.net. No e-mail? Please call me at 832-1667 to request a needs list to be sent.

HARBOR HOUSE NEEDS LIST

Pillows	Bath towels
Alarm clocks	Laundry detergent
Summer P.J.s for toddlers	Sponge mops
Women's bras & panties	Brooms/dustpans
Body lotion	Body wash
Baby lotion	Baby wash
Baby shampoo	Baby powder
Deodorant	
Gift cards (Copps/Piggly Wiggly/Target)	

**Costume jewelry and bridesmaid dresses needed for an upcoming fundraiser.



domestic abuse programs

Harbor House Domestic Abuse Programs
720 West Fifth Street
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