



HARBOR LIGHTS

Spring 2010

Newsletter of Harbor House Domestic Abuse Programs



Learn More On Our Website

www.harborhouseonline.org

Engaging Men in Prevention Work

Men in the Fox Valley have come together to end violence against women and girls through Voices of Men. Learn what they are doing to speak out against domestic abuse and sexual assault.

Partnering with Health Care Providers

Harbor House partners with local health care providers to offer information to patients, as well as training for student nurses, interns and new practicing doctors.

Bringing the Message Into the Workplace

Harbor House trains human resource professionals and managers on how to respond to employees facing domestic abuse.

Reaching Out to Community Groups

Various faith organizations and community groups have domestic abuse response plans. Learn how some have partnered with Harbor House to effectively help their members.

PREVENTION EDUCATION WITHIN SCHOOLS CRUCIAL TO FUTURE CHANGE

Harbor House's Prevention Education Program is the outreach and education component of our overall Children's Program and is crucial in carrying out our strategic initiative of succeeding in preventing domestic violence.

Prevention education is designed to reach out to all children, from kindergarten through 12th grade, as a means of primary prevention, which means getting an anti-violence message out early and to children who may not have personally experienced domestic abuse within their own homes. Working in tandem with school guidance counselors, teachers and administrators, our Prevention Education Coordinator Carla Hales brings age-appropriate presentations into the classrooms of many local school districts at no charge. For elementary students, the focus is on feeling safe, bullying and making positive choices. Progressing into middle and high schools, the message shifts to positive peer friendships, healthy relationships and dating violence.

In 2009, more than 10,000 local youth took part in prevention education.

Students at

Little Chute Middle School were among them.

"Carla always does such a wonderful job here," said Tracy Schmidt, Little Chute Middle School guidance counselor. "She really relates to the age level and gets a clear message across."

That message centers on treating others respectfully. It's at the crux of what Harbor House is doing to educate youth, working toward preventing domestic violence in future generations.

Focus on Strategic Initiatives

Succeed in Preventing Domestic Violence

To prevent domestic violence, we need to engage the community toward social change by offering new programs and services that are aimed at altering violent and oppressive beliefs, attitudes, social norms and institutional structures.

Learn more: www.harborhouseonline.org

Harbor House's Mission

To lead a community-wide partnership in the awareness and prevention of domestic violence and abuse, and to offer safety and support to diverse families in crisis.



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HARBOR HOUSE HAPPENINGS

New Year, New Newsletter Look

With the onset of 2010, Harbor House is changing the look of our newsletter. Our focus in providing educational information will continue, but with the help of our Website. Synopses of stories will be contained within this single-page newsletter for a quick glance of what's going on, with the full stories available on the Web, or by contacting us to send them separately via e-mail or snail mail. This change is in the experimental stage. Please let us know what you think of this new format by calling (920) 955-9119 or e-mailing mariat@harborhousedap.org.

6th Annual A Time to Laugh Comedy Night Fundraiser

Join us Friday, April 23, for a night of laughter and hope as we enjoy the performance of the hilarious Jan McInnis. Also known as "the Work Lady," McInnis pokes fun at our world of work and corporate America in a clean and relatable way. Special emcee for the evening is Kristin Steede, former *The Biggest Loser* contestant and Harbor House volunteer. Enjoy dinner, laughter and your luck at winning one of several amazing raffle prizes, including a \$4,000 diamond, a Green Bay Packers prize package, tickets to a Fox Cities PAC show and more! Event tickets are \$75 per person and preregistration is required. Log onto www.harborhouseonline.org to buy your tickets, or call Development Coordinator Maria Turner to reserve your seats and pay at the door. Help us raise the funds necessary to help a growing number of victims and survivors realize that they will one day laugh again!



Jan McInnis

Ellipse Fitness' 4th Annual Victory Over Violence March 6

Join in Saturday, March 6, at any Ellipse Fitness location to "knock out domestic abuse." Go to ellipsefitness.com or e-mail officemanager@ellipsefitness.com for details.

2nd Annual Fox Valley Belly Dance Seminar March 27

The Shimmy Shoppe presents this event featuring Jasmin Jahal to benefit Harbor House. E-mail kahina3@gmail.com.

Save the Date: Altrusa Golf Outing Set for July 23

Watch for registration information on our Website in May.



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